

# O God, Our Help In Ages Past

Isaac Watts, based on Psalm 90

Additional lyrics by Jordan Pohlmann

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The musical score is written in 4/4 time on a single treble clef staff. It consists of three lines of music. The first line contains the lyrics 'O God, our help in a - ges past, our'. The second line contains 'hope for years to come, our shel - ter from the'. The third line contains 'storm - y blast, and our e - ter - nal home!'. The melody is simple and hymn-like, with a final cadence on a whole note in the third line.

O God, our help in a - ges past, our  
hope for years to come, our shel - ter from the  
storm - y blast, and our e - ter - nal home!



Un - der the shad - ow of Thy throne Thy



saints have dwelt se - cure; Suf - fi - cient is Thine



arm a - lone, and our de - fense is sure.



Be - fore the hills in or - der stood, or



earth re - ceived her frame, from ev - er - last - ing



Thou art God, to end - less years the same.



A thou - sand a - ges in Thy sight are



like an ev - 'ning gone; short as the watch that



ends the night be - fore the ris - ing sun.



But Thou, our God, our hope re - main, will



bear Thy saints a - bove; teach us to trust to



You our days, to sing Thy stead - fast love!

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O God, our help in a - ges past, our  
hope for years to come, be Thou our guide while  
life shall last, and our e - ter - nal home.